

VANESSA M. NEWTON, LCSW-S, CDWF, EMDR-Trained, TCYM™ Certified

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EDUCATION

University of Houston Graduate College of Social Work, Houston, TX (5/2009)

Master of Arts Social Work

Affiliations: Student Association, Hispanic Student Association, NASW, Independent Study with Dr. Brené Brown

Licensure: LCSW- License #52290, CDWF - Certified Daring Way Facilitator

Texas Christian University, Fort Worth, TX (5/2007)

Bachelor of Arts Social Work with a Minor in Spanish

Honors and Awards: Sophomore of the Year, Programmer of the Year, National Scholars Honor Society

Affiliations: NASW-TCU, Programming Council Vice President, Eta Iota Sigma Sorority, Student Government Association

Language Proficiency: Fluent in Spanish and English

WORK EXPERIENCE

Owner & Founder, Business Consultant and Clinical Social Work Supervisor, *Brave and Well, LLC*, Austin, TX (1/2019– Current)

Owner & Founder, Executive Director and Clinical Social Worker, *Colors of Austin Counseling, PLLC*, Austin, TX (1/2018– Current)

Co-Owner & Co-Founder, *SocialNote, LLC*, Austin, TX (1/2016– Current)

Therapist-Clinical Social Worker in Private Practice, *Private Practice of Vanessa M. Flores, LCSW*, Austin, TX (6/2015– 1/2018)

- Individual therapy for teens, parents and young adults
- Group therapy for teens and adults
- Workshops and trainings for mental health professionals around topics such as mindfulness, self-compassion, authenticity and the curriculum of Dr. Brené Brown
- Contract work for local schools and businesses who are in need of crisis support as needed

Contract Therapist, Clinical Social Worker with Adults, Dev Bootcamp, Austin, TX (1/2016-4/2017)

School Social Worker-Grades 9th-12th, *KIPP Austin Collegiate*, Austin, TX (1/2014 – 6/2016)

- Provide social emotional learning support to all students
- Provides individual counseling and creates individualized treatment plans of service for each client served based on the diagnostic measures and needs of the classroom for both general education and special education students.
- Implemented and led the Peer Counselor program which promotes the health, well-being and safety of KAC students through peer counseling, education and referral.
- Hosts parent workshops on a monthly basis focusing on identified needs by parents
- Conducts support groups for general education and special education students based on The Daring Way™ curriculum.
- Maintains necessary documentation of services to students and families.
- Provides teachers with consultation and support in order to best support students inside the classroom.
- Promotes strong relationships and problem solving between teachers and parents through restorative conversations and mediations.
- Provides regular contact with parents to monitor and support student progress towards therapeutic goals

- Collaborates with external education and social service professionals to develop appropriate agency services for students and families
- Participates on the Leadership Team to develop policies and practices to prevent school violence and support opportunities for team building and collaboration among students.
- Leads professional development for staff members and provides strategies for how to best support students.

Medical Social Worker-PICU and IMC, *Dell Children's Medical Center*, Austin, TX (7/2011- Current)

- Conduct psychosocial assessments on each child and family within 24 hours of admission to the hospital.
- Provide emotional support to patient and families throughout the child's hospital stay surrounding issues of grief and loss, new diagnosis, mental health issues, hospital psychosis, chronic illnesses, first-time parents and relationships with care providers.
- Provide hospital and community resources to families in need.
- Participate in psychosocial rounds daily with members of the multidisciplinary medical team (Child Life Specialist, Chaplain, RN, NP, PA, MD, therapists and specialists) and collaborate with these providers to discuss barriers to discharge and/or social concerns for each patient
- Conduct psychiatric evaluations on children who are admitted with suicidal ideation and suicidal attempts, develop a treatment plan and initiate the transfer process to an inpatient psychiatric facility for further treatment if necessary
- Document initial assessments and ongoing assessments on each patient and family I visit daily in each patient's EMR (electronic medical record).
- Collaborate with outside agencies to include Child Protective Services, Law Enforcement, community agencies, neighboring clinics and Social Workers in order to provide the best wrap around services to patients and families.
- Assist in arranging care conferences and case conference for patients, families and medical team members to discuss a patient's condition, progress, plan of care and end of life decisions.
- Co-Lead a social committee to promote recruitment and retention among our case management team.

Pediatric Social Worker, *Children's Memorial Hermann Hospital*, Houston, TX (9/2010 - 6/2011)

- Served as the sole weekend Social Worker from Friday through Sunday working 12 hour shifts daily providing coverage for the Children's Hospital.
- Conducted child abuse assessments in the Children's ER in conjunction with law enforcement and CPS.
- Conducted psychosocial assessments on the Women's Services unit regarding fetal demises, adoptions, positive drug screens on delivering mothers and emotional support for mom's suffering from postpartum depression.
- Collaborated with the medical team to ensure safe and timely discharges on the weekends.

Trauma Social Worker, *Memorial Hermann Hospital*, Houston, TX (6/2009 - 9/2010)

- Conducted psychosocial assessments on adult patients who were admitted to the hospital as a result of a traumatic injury to include motor vehicle collisions, stabbings, sexual assault, motorcycle accidents, work injuries, suicide, domestic violence, etc.
- Initiated and completed transfers to skilled nursing facilities, acute rehab facilities, long-term acute care facilities and nursing homes for patients in need
- Attended daily multidisciplinary rounds with various medical team members to discuss each patient on the unit and barriers to discharge.

VOLUNTEER EXPERIENCE

Co-Facilitator, *My Healing Place*, Austin, TX (2/2013 to 10/2014)

Vice President and Board Member, *University of Houston Graduate College of Social Work Alumni Board of Directors*, Houston, TX (8/2009-6/2011)

Co-Facilitator, *Bo's Place*, Houston, TX (Spring of 2008)

Senior Counselor, *National Hispanic Institute*, Denver, CO and Georgetown, TX (6/2006 - 8/2006)

Sexual Assault Advocate, *Women's Center of Tarrant County*, Fort Worth, TX (8/2004 - 1/2005)

ADDITIONAL EXPERIENCE

Social Work Intern, *Children's Memorial Hermann Hospital*, Houston, TX (8/2008 - 5/2009)

Social Work Intern, *Alliance For Children*, Arlington, TX (8/2006 - 5/2007)